

JANUARY 2010						
DAY	AM			PM		
	HW	M	LW	M	LW	M
1 Fr	00:20	5:15	06:48	12	12:45	19:06
2 Sa	01:08	5:25	07:36	10	13:35	19:51
3 Su	01:53	5:30	08:24	14	14:22	20:36
4 M	02:37	5:29	09:11	19	15:09	21:19
5 Tu	03:21	5:22	09:58	25	15:57	22:04
6 W	04:07	5:11	10:45	31	16:45	22:51
7 Th	04:55	4:54	11:36	05	17:37	23:43
8 Fr	05:49	4:35		13	18:33	24:35
9 Sa	06:51	4:55	00:40	21	19:33	25:26
10 Su	08:00	4:44	01:46	30	20:38	26:15
11 M	09:12	4:47	03:02	40	21:41	27:02
12 Tu	10:15	4:59	04:12	52	22:39	27:45
13 W	11:12	4:73	05:12	66	23:30	28:22
14 Th			06:03	84	24:12	28:54
15 Fr	00:16	4:81	06:48	102	24:47	29:21
16 Sa	00:56	4:80	07:28	121	25:16	29:44
17 Su	01:27	4:76	08:00	140	25:45	30:03
18 M	01:51	4:75	08:24	161	26:11	30:18
19 Tu	02:15	4:82	08:47	183	26:46	30:30
20 W	02:47	4:91	09:12	205	27:21	30:39
21 Th	03:20	4:96	09:52	228	28:04	30:36
22 Fr	04:09	4:92	10:32	252	28:90	30:22
23 Sa	04:56	4:80	11:18	277	29:00	30:00
24 Su	05:47	4:60		303	29:31	29:56
25 M	06:46	4:37	00:31	329	30:00	29:51
26 Tu	08:01	4:22	01:52	351	30:58	29:41
27 W	09:28	4:29	03:12	370	31:42	29:22
28 Th	10:41	4:61	04:45	384	32:13	29:07
29 Fr	11:40	5:00	05:45	400		28:57
30 Sa	00:05	5:01	06:37	417	12:32	28:50
31 Su	00:53	5:26	07:24	432	13:57	28:37

FEBRUARY 2010						
DAY	AM			PM		
	HW	M	LW	M	LW	M
1 M	01:37	5:43	08:09	5	14:06	16:57
2 Tu	02:19	5:51	08:53	10	14:50	17:40
3 W	03:00	5:48	09:36	14	15:33	18:20
4 Th	03:42	5:35	10:18	17	16:18	19:00
5 Fr	04:27	5:12	11:02	20	17:03	19:48
6 Sa	05:15	4:79	11:49	23	17:53	20:36
7 Su	06:11	4:42		26	18:50	21:22
8 M	07:24	4:11	00:56	29	19:42	22:07
9 Tu	08:48	4:01	02:18	31	20:16	22:45
10 W	10:00	4:15	03:40	32	20:44	23:16
11 Th	10:57	4:46	04:54	32	21:13	23:42
12 Tu	11:47	4:54	05:40	30	21:59	24:12
13 Sa			06:27	28	22:44	24:44
14 Su	00:38	4:72	07:03	24	23:30	25:16
15 M	01:09	4:75	07:33	19	24:16	25:48
16 Tu	01:33	4:79	07:57	13	25:04	26:19
17 W	01:56	4:89	08:19	04	25:48	26:49
18 Th	02:25	5:01	08:47	04	26:31	27:19
19 Fr	03:01	5:08	09:18	05	27:16	27:49
20 Sa	03:41	5:05	09:51	05	28:00	28:19
21 Su	04:24	4:91	10:28	07	28:42	28:49
22 M	05:12	4:66	11:12	09	29:23	29:19
23 Tu	06:07	4:35		12	30:00	29:49
24 W	07:16	4:06	00:45	12	30:48	30:19
25 Th	08:42	4:02	02:48	13	31:42	30:49
26 Fr	10:22	4:37	04:27	09	32:41	31:19
27 Sa	11:22	4:83	05:27	04	33:44	31:49
28 Su			06:17	02	34:51	32:19

MARCH 2010						
DAY	AM			PM		
	HW	M	LW	M	LW	M
1 M	00:30	5:19	07:02	32	12:58	15:47
2 Tu	01:13	5:43	07:45	47	13:42	16:34
3 W	01:54	5:54	08:25	63	14:23	17:21
4 Th	02:34	5:52	09:05	81	15:03	18:08
5 Fr	03:14	5:36	09:42	100	15:43	18:55
6 Sa	03:56	5:08	10:21	126	16:24	19:42
7 Su	04:40	4:59	11:01	160	17:07	20:29
8 M	05:30	4:25	11:47	193	17:55	21:16
9 Tu	06:39	3:82	00:01	226	18:48	22:03
10 W	08:18	3:65	01:09	257	19:40	22:50
11 Th	09:35	3:80	03:00	281	20:31	23:37
12 Tu	10:32	4:06	04:18	306	21:24	24:24
13 Sa	11:19	4:30	05:09	324	22:10	25:11
14 Su			05:49	343	22:57	25:58
15 M	00:08	4:55	06:24	358	23:45	26:45
16 Tu	00:39	4:66	06:53	373	24:34	27:32
17 W	01:06	4:76	07:19	381	25:22	28:19
18 Th	01:33	4:88	07:46	400	26:10	29:06
19 Fr	02:03	4:99	08:14	420	27:00	29:53
20 Sa	02:38	5:05	08:44	444	27:50	30:40
21 Su	03:18	5:02	09:17	471	28:42	31:27
22 M	04:01	4:87	09:56	506	29:36	32:14
23 Tu	04:49	4:62	10:42	549	30:33	33:01
24 W	05:43	4:32	11:39	600	31:34	33:50
25 Th	06:51	4:04	12:40	660	32:39	34:39
26 Fr	08:32	3:98	01:57	724	33:47	35:28
27 Sa	09:57	4:32	03:57	803	34:58	36:17
28 Su	11:56	4:75	05:58	900		37:06
29 M	00:15	4:73	06:48	015	12:45	37:55
30 Tu	01:02	5:09	07:33	18	13:30	38:44
31 W	01:45	5:34	08:14	25	14:13	39:33

APRIL 2010						
DAY	AM			PM		
	HW	M	LW	M	LW	M
1 Th	02:27	5:44	08:53	0	14:53	15:05
2 Fr	03:07	5:39	09:30	01	15:32	15:17
3 Sa	03:47	5:20	10:06	03	16:09	15:28
4 Su	04:27	4:51	10:40	05	16:45	15:39
5 M	05:10	4:53	11:18	07	17:21	15:50
6 Tu	05:56	4:13		10	18:02	16:01
7 W	06:53	3:75	00:23	10	18:51	16:12
8 Th	08:25	3:52	01:21	17	20:16	16:34
9 Fr	09:53	3:62	02:38	14	22:01	16:55
10 Sa	10:51	3:87	04:07	10	23:00	17:06
11 Su	11:38	4:14	05:09	08	23:47	17:17
12 M			05:55	7	24:18	17:28
13 Tu	00:27	4:43	06:34	05	25:54	17:49
14 W	01:03	4:61	07:10	04	27:28	18:10
15 Th	01:36	4:76	07:43	05	29:00	18:31
16 Fr	02:10	4:87	08:15	04	30:44	18:52
17 Sa	02:45	4:96	08:47	06	32:30	19:13
18 Su	03:29	4:98	09:20	05	34:18	19:34
19 M	04:04	4:53	09:57	06	36:08	19:55
20 Tu	04:49	4:79	10:40	07	37:50	20:16
21 W	05:39	4:59	11:30	09	39:25	20:37
22 Th	06:36	4:35	12:00	09	41:00	20:58
23 Fr	07:45	4:18	01:15	08	42:50	21:19
24 Sa	09:11	4:20	02:47	08	44:56	21:40
25 Su	10:47	4:44	04:00	06	46:48	22:01
26 M	11:25	4:79	05:24	03	48:47	22:22
27 Tu			06:15	02	50:44	22:43
28 W	00:33	5:07	07:02	03	52:40	23:04
29 Th	01:19	5:25	07:45	05	54:32	23:25
30 Fr	02:03	5:29	08:24	09	56:19	23:46

MAY 2010						
DAY	AM			PM		
	HW	M	LW	M	LW	M
1 Sa	02:45	5:19	09:00	27	15:03	15:23
2 Su	03:27	4:96	09:35	48	15:39	15:44
3 M	04:06	4:71	10:08	69	16:12	16:05
4 Tu	04:47	4:41	10:44	88	16:46	16:23
5 W	05:30	4:12	11:25	106	17:25	16:41
6 Th	06:18	3:88		132	18:12	16:59
7 Fr	07:18	3:71	00:52	09	19:09	17:17
8 Sa	08:36	3:70	01:54	06	20:16	17:35
9 M	10:42	4:38	03:02	03	21:53	17:52
10 Tu	11:39	4:68	05:21	06	23:58	18:11
11 W	11:30	4:42	05:02	70	23:42	18:29
12 Th	00:27	4:66	06:38	50	25:55	18:50
13 Fr	01:10	4:83	07:18	46	28:16	19:11
14 Sa	01:51	4:95	07:57	47	30:46	19:32
15 Su	02:33	5:02	08:35	51	33:00	19:53
16 M	03:15	5:02	09:13	57	35:49	20:14
17 Tu	04:00	4:97	09:54	65	38:47	20:35
18 W	04:48	4:86	10:40	75	41:44	20:56
19 Th	05:42	4:76	11:31	86	44:44	21:17
20 Fr	06:36	4:57	00:22	03	48:43	21:38
21 Sa	07:40	4:48	01:27	08	53:41	21:59
22 Su	08:51	4:14	02:24	15	58:43	22:20
23 M	09:57	4:63	03:51	26	63:48	22:41
24 Tu	10:57	4:81	04:55	03	68:44	23:02
25 W	11:50	4:98	05:45	13		23:23
26 Th			06:15	02	12:39	23:44
27 Fr	00:51	5:00	07:13	02	13:57	24:05
28 Sa	01:38	5:13	08:06	08	14:07	24:26
29 Su	02:43	5:01	08:44	14	14:55	24:47
30 M	03:14	4:82	09:17	06	15:18	25:08

JUNE 2010						
DAY	AM			PM		
	HW	M	LW	M	LW	M
1 Tu	03:51	4:60	09:47	07	15:48	16:22
2 W	04:28	4:40	10:28	10	16:21	16:55
3 Th	05:06	4:25	11:00	09	17:00	17:40
4 Fr	05:48	4:15	11:45	10	17:46	18:30
5 Sa	06:36	4:08	00:27	06	18:38	19:20
6 Su	07:33	4:06	01:21	08	19:38	20:10
7 M	08:36	4:11	02:21	08	20:48	21:00
8 Tu	09:42	4:25	03:22	07	22:00	21:50
9 W	10:43	4:46	04:24	07	23:03	22:40
10 Th	11:39	4:68	05:21	06	23:58	23:30
11 Fr			06:15	05	24:30	24:20
12 Sa	00:50	4:92	07:05	04	25:13	25:10
13 Su	01:38	5:09	07:51	04	26:03	26:00
14 M	02:25	5:20	08:36	03	26:50	26:50
15 Tu	03:12	5:24	09:19	05	27:40	27:40
16 W	03:57	5:23	10:03	04	28:32	28:32
17 Th	04:45	5:15	10:48	05	29:24	29:24
18 Fr	05:35	5:03	11:36	06	30:16</	